



Elaeagnus umbellata Thunb.

Family: Elaeagnaceae

Common name: Silverberry

Local name: Kankoli

Importance:

- Berries help to heal wounds and enhance the absorption of iron from plant foods.
- Fruits are used to treat diarrhoea, itch, and foulness, besides being used in making fruit rolls, juices, and condiments.
- The flowers are astringent, cardiac and stimulant. The seeds are used as a stimulant in the treatment of coughs.