



## *Papaver orientale* L.

**Family:** Papaveraceae

**Common name:** Oriental poppy

**Importance:**

- Poppy oil is used in cooking, salad dressing, and margarines. It can also be added to spices for breads and cakes.
- The seeds are used as a laxative and leaves are used to treat asthma.
- It is used in some cosmetics, paints and varnishes.