



***Withania somnifera* (L.)**

Dunal

Family: Solanaceae

Common name: Ashwagandha,
Indian ginseng

Local name: Ashwagandha, Sagun

Importance:

- The plants contain the alkaloids withanine and somniferine, which are used to treat nervous disorders, intestinal infections and leprosy.
- All plant parts are used including the roots, bark, leaves, fruit and seed.