



Mentha × piperita L.

Family: Lamiaceae

Common name: Peppermint

Local name: Vilayati pudina

Importance:

- Peppermint has high menthol content, and is often used as a flavoring in tea, ice cream, confectionery, chewing gum, and toothpaste.
- It can also be found in some shampoos and soaps.