

University of Jammu

Directorate of Sports and Physical Education, TIME TABLE for the M.P. Ed III-Semester (Batch 2021-2023)

Days	7:00am-7:30am	7:30am-8:10	10am-10:40am	10:40am-11:20am	11:30am-12:10pm	12:10pm-12:50pm	03:30pm-5:00pm	
	Theory				Practical			
Monday (Formal Dress)	Common Assembly & Conditioning (Vimal k)	PSMPPC301/304 (Rishiv R/Inderjeet S)	PSMPTC301 (M S/VK/ Mehak/ Inderjeet/Harinder)	PSMPTC304 Mr. Inderjeet S	B	PSMPTC303 Mrs. Manu S Pawar	PSMPTC302 Mrs. Richa M	PSMPPC302/303 (Manu S/Harinder P)
Tuesday		PSMPPC301/304 (Rishiv R/Inderjeet S)	PSMPTC301 (M S/VK/ Mehak/ Inderjeet/Harinder)	PSMPTC304 Mr. Inderjeet S	R	PSMPTC303 Mrs. Manu S Pawar	PSMPTC302 Mrs. Richa M	PSMPPC302/303 (Manu S/Harinder P)
Wednesday		PSMPPC301/304 (Rishiv R/Inderjeet S)	PSMPTC301 (M S/VK/ Mehak/ Inderjeet/Harinder)	PSMPTC304 Mr. Inderjeet S	E	PSMPTC303 Mrs. Manu S Pawar	PSMPTC302 Mrs. Richa M	PSMPPC302/303 (Manu S/Harinder P)
Thursday (Formal Dress)		PSMPPC301/304 (Rishiv R/Inderjeet S)	PSMPTC301 (M S/VK/ Mehak/ Inderjeet/Harinder)	PSMPTC304 Mr. Inderjeet S	A	PSMPTC303 Mrs. Manu S Pawar	PSMPTC302 Mrs. Richa M	PSMPPC302/303 (Manu S/Harinder P)
Friday		Intramural Competition/Trekking	PSMPTC301 (M S/VK/ Mehak/ Inderjeet/Harinder)	PSMPTC304 Mr. Inderjeet S	K	PSMPTC303 Mrs. Manu S Pawar	PSMPTC302 Mrs. Richa M	PSMPPC302/303 (Manu S/Harinder P)
Saturday	Online Classes through LMS		PSMPTC301 (M S/VK/ Mehak/ Inderjeet/Harinder)	PSMPTC304 Mr. Inderjeet S		PSMPTC303 Mrs. Manu S Pawar	PSMPTC302 Mrs. Richa M	Intramural Competition / Cross-country

Course Code (Theory)	Course Title	Name of Teacher	Course Code (Practical)	Course Title	Name of Teacher
PSMPTC301	Dissertation/Value & Environment Science*	Mandeep S/Vimal K/Mehak/Inderjeet/Harinder P S*	PSMPPC301	Track & Field: Throwing Events	Mr. Rishiv Sharma
PSMPTC302	Scientific Principles of Sports Training	Ms. Richa Mandla	PSMPPC302	Boxing, Wrestling	Mr. Harinder Pal Singh
PSMPTC303	Sports Medicine	Mrs. Manu Singh Pawar	PSMPPC303	Coaching Lessons of Track & Field Sprint & Relay Races, Track	Mrs. Manu Singh Pawar
PSMPTC304	Health Education and Sports Nutrition	Mr. Inderjeet Singh	PSMPPC304	Football & Table Tennis	Mr. Inderjeet Singh

Mandeep Nathyal

(Dr. Daud Iqbal Baba)
HOD, Physical Education