

**7 Days Skill Development Workshop On Fencing Organized By
Directorate Of Sports And Physical Education, University Of Jammu
Under The Aegis Of SIIEDC And RUSA W.E.F.
9th Of February, 2024 To 15th Of February, 2024**

In a monumental endeavour, the Directorate of Sports and Physical Education at the University of Jammu orchestrated a 7 Days Skill Development Workshop in Fencing from February 9th to February 15th, 2024. This transformative initiative, held under the aegis of SIIEDC and RUSA, witnessed the enthusiastic participation of over 100 students from the Directorate of Sports and Physical Education and various other departments and colleges under the University.

Leadership and Guidance:

Under the visionary leadership of the Hon'ble Director, Dr. Daud Iqbal Baba, the workshop unfolded as a beacon of skill enhancement and camaraderie. Dr. Daud Iqbal Baba, with his keen insight into sports education, provided the driving force for the workshop. The event was further enriched by the presence of esteemed faculty members, including Mr. Vimal Kishore, Mr. Ravish Vaid, Mr. Vikas Karlopa, Mr. Gagan Kumar, Mr. P.D. Singh, Mr. Jai Bharat, Mr. Inderjeet Singh, Mr. Harinder Pal, Mr. Rishiv Sharma, Mrs. Manu Pawar, Dr. Mahak, and Ms. Richa Mandla. Their collective expertise and dedication set the tone for an impactful and immersive learning experience.

Student Involvement and Discipline Committee:

The organizational prowess of the workshop extended to the student body, where Mr. Usman from B.P.Ed 4th and Mr. Ashish, Ms. Palve Boloria, Ms. Aditi Sharma, Ms. Rupali Manhas, and Ms. Muskan Sharma took charge of the Discipline Committee. Their role in ensuring a smooth and disciplined conduct of the workshop cannot be overstated. Mr. Anil from B.P.Ed 4th and Mr. Pankaj Kumar from B.P.Ed 1st were tasked with capturing every moment, preserving the memories forged during this week of intensive skill development.

Day-wise Progression

Day 1 - Opening Ceremony and Introduction to Epee and Sabre:

The inaugural day of the 7 Days Skill Development Workshop in Fencing, held on February 9th, 2024, was a momentous occasion marked by enthusiasm, camaraderie, and the indomitable spirit of learning. The participants gathered with anticipation in the Fencing Hall, creating a vibrant atmosphere charged with the promise of a week-long journey into the art of fencing.

The opening ceremony was graced by the presence of distinguished officials, esteemed faculty members, and the visionary leader, Hon'ble Director Dr. Daud Iqbal Baba. Dr. Daud Iqbal Baba, with his charismatic presence and passion for sports education, inaugurated the workshop. His motivational address set the tone for the entire event, inspiring students to

embrace the challenges ahead and make the most out of this unique opportunity for skill development.

In his uplifting speech, Dr. Daud Iqbal Baba underscored the importance of sports education in fostering not only physical fitness but also mental discipline and resilience. His words resonated with the participants, instilling a sense of purpose and determination to excel in the days to come.

Following the inaugural address, the participants were introduced to the 7 Days Skill Workshop on Fencing. This initiative, organized under the auspices of SIIEDC and RUSA, was designed to provide a holistic understanding of fencing techniques and strategies. Dr. Daud Iqbal Baba's commitment to fostering a culture of learning and growth was evident as he emphasized the significance of acquiring new skills in the domain of fencing.

After that basic introductions to Epee and Sabre were masterfully conducted by Sh. Veer Sangram and Sh. Ujwal Gupta. Practical sessions, led by Sh. Rashid Ahmed, laid the foundation for the days ahead.

Day 2 - Introduction to Foil and Fencing Uniform:

Ms. Rachna Jamwal took the reins on the second day, introducing Foil, while Sh. Bhisham Singh educated participants on the importance of fencing uniforms. Practical sessions on the basic skills of Foil were expertly guided by Sh. Taariq Hussain.

Day 3 - Footwork and Holding of Weapon:

Sh. Ranchan Sabarwal delved into the intricacies of footwork, and Sh. Rashid Ahmed elucidated the proper holding of the weapon. Practical sessions on footwork, skilfully led by Sh. Ujwal Gupta, enhanced participants' agility and technique.

Day 4 - Targeting and Competition Patterns:

Sh. Javed Ahmed and Sh. Maninder Pal Singh shared their expertise on targeting and competition patterns. Practical sessions on holding the weapon, guided by Sh. Bhisham Singh, added a strategic layer to the participants' skill set.

Day 5 - Rules/Competition Format and Fencing Apparatus:

Sh. Ranchan Sabarwal navigated participants through the rules and competition formats, while Ms. Rachna Jamwal highlighted the various apparatus used in fencing. Practical sessions on targeting, led by Sh. Javed Ahmed, further sharpened the participants' focus.

Day 6 - Weapon Control/Armour and Teams Composition:

Sh. Anthony Madoo took charge of weapon control and armour, and Sh. Mahinder Pal Singh provided insights into teams' composition. Practical sessions on weapon control, guided by Sh. Anthony Madoo, added finesse to participants' handling of equipment.

Day 7 - Certification and Closing Ceremony:

The grand finale on February 15th witnessed a remarkable Certification Ceremony. Dr. Daud Iqbal Baba, Prof. Alka Sharma, and Prof. Satya Paul graced the occasion, personally

acknowledging the commitment and perseverance of the participants. The ceremony, more than a mere acknowledgment, was a testament to the dedication exhibited by the participants. A captivating demonstration showcased the practical application of acquired skills, leaving a lasting impression on everyone present.

Culmination and Impact:

The week-long workshop reached its zenith, leaving participants, faculty members, and guests alike with a profound sense of accomplishment and a renewed passion for fencing. The Certification Ceremony symbolized the official conclusion of the workshop, marking the beginning of a new chapter for each participant equipped with newfound knowledge and skills.

Legacy of the Workshop:

The echoes of the acquired skills and the memories forged during the workshop are destined to resonate within the participants, fostering a lasting appreciation for the world of fencing and outdoor adventure. The Certification Ceremony encapsulated the success of the program, acknowledging the dedication and perseverance of all involved. As the camp closed with gratitude and camaraderie, it heralded the beginning of a legacy that will endure in the hearts and minds of the participants, faculty, and everyone associated with this transformative 7 Days Skill Development Workshop in Fencing at the University of Jammu.























